



*It's the season
for having fun.*

**Don't get
'tide' down
this summer.**



Fundraising this summer for Guide Dogs will help ensure people with sight loss can live life as they choose.

Your fundraising will help support people like Ella:



“

I was 16 when I found out I had a brain tumour and lost most of my sight. I stopped wanting to go out or see anyone and the only place I felt safe was at home.

”

“

When my guide dog Katie arrived, she changed everything. I could go out – to the gym, shopping, see my friends – things I hadn't been able to do since discovering the brain tumour.

”

“

Guide Dogs unleashed a whole new version of life for me. They gave me the confidence to pursue my ambitions and enjoy the things I love. When you support Guide Dogs, you're changing someone's life – someone like me.

”


Summertime is all about having fun, especially during those extra-long evenings, so this is the perfect season to organise lots of fun fundraising activities.

Get active for Guide Dogs this Summer.

Gather your friends and family for a hearty game of:

- Rounders
- Football
- Tennis
- Netball

Or, organise a sponsored sports day. Don't forget to include the classics; egg and spoon race, sack race and 3-legged race!

A photograph of three people (two women and one man) participating in a sack race. They are all smiling and pulling on the straw sacks they are wearing. The woman in the foreground is wearing a grey hoodie and a red armband. The man in the middle is wearing a blue t-shirt and a red armband. The woman in the background is wearing a pink shirt. They are on a grassy field with trees in the background.

Charge a small entry fee which can go towards your fundraising target.



BBQ time

Everyone loves a BBQ, instead of asking your guests to bring a dish, why not ask them to donate the cost of their evening meal, or takeaway to your fundraising target?

Wimbledon Party

Every Summer, the popular Wimbledon takes place. Organise a Wimbledon party in the garden or at work – great time to arrange a sweepstake, with all proceeds going towards your fundraising.

£50

could buy an 'off to school kit' for a puppy

£100

could pay for five hours training at a Guide Dogs training school

£140

could buy a starter kit for a new guide dog owner, containing everything they need to start a life with their new guide dog



*Date subject to change yearly

Lights out, camp out!

8th August* is Global Sleep Under the Stars Night, so pitch a tent or, set up camp in your garden and gaze upward. Not a fan of camping? Challenge yourself and get sponsored for the number of hours you camp out for!



*Date subject to change yearly

Brew can do it!

10th – 16th August* is Afternoon Tea Week, could you arrange an afternoon tea at work, or an afternoon tea party, sipping champagne and cocktails out of teacups? Make sure to encourage people to leave a small donation for attending.



*Date subject to change yearly

Are you a bookworm?

6th September* is National Read a Book Day. Do you love to read? Why not see how many books you can read in one day. Get friends and family to place bets, with all monies going towards your fundraising.



Are all these dates in your diary?



02
June

**National
Running Day**

20
June

Father's Day

25
June

**Take your dog to work
day** – make sure to check
with your employer
before organising!

26
June

**National
Cream Tea Day**

04
July

Independence Day
– arrange a USA
themed party

19
July

National Ice Cream Day
– get sponsored to eat
ice cream for the day, or
host an ice cream party

25
July

**Wine and Cheese
day** – host a wine
and cheese evening

07
August

**National
Beer Day**

13
August

**National
Prosecco Day**

***Date subject to change yearly**

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